

## JOB DESCRIPTION

|                        |                             |
|------------------------|-----------------------------|
| <b>Job Title:</b>      | <b>Physiotherapist</b>      |
| <b>Responsible to:</b> | <b>Lead Physiotherapist</b> |
| <b>Grade:</b>          | Grade 6                     |
| <b>Hours:</b>          | 36.5 hours fixed / flexible |
| <b>Salary:</b>         | £26,243 - £32,236           |

### **Main Purpose of the Job:**

Deliver physiotherapy services to a range of sporting and non-sporting clients, private clients from the community, staff and students from the University population and performance athletes.

### **Principal Duties/Responsibilities:**

1. To work effectively as part of a multidisciplinary team of support staff within the Centre delivering world class physiotherapy services to the general public, university population and elite athletes.
2. Physiotherapy delivery:
  - Appropriate/autonomous assessment, treatment, rehabilitation, and education to individual clients.
  - Sport specific rehabilitation and production of individual exercise programmes for injured clients.
  - Monitoring and reporting of treatment in an appropriate manner in line with data protection policies.
  - Assessment of players/athletes sporting technique and sport specific skills as incorporated into a planned rehabilitation programme.
  - Testing for fitness post injury as a component of final rehabilitation.
  - Provide field support for squads and coaches as required.
  - Evening and occasional weekend work will be part of this role.
  - Contribute to the development of physiotherapy programmes with professional/elite sport.

- Perform other reasonable duties as may be required from time to time.
3. To liaise with medical consultants, coaches and national governing body staff who have the capacity to contribute to the enhanced physiotherapy services for all our clients.
  4. To work within the Health and Care Professions Council, Chartered Society of Physiotherapy's and the University's Codes of Conduct and keep documentation on all aspects of injury management in accordance with the industry standard.
  5. Contribute to the continuing development of a comprehensive data base of the assessment and treatment of athletes/clients.
  6. Within the rules of professional confidentiality, to liaise with other members of the support team as appropriate.
  7. To contribute towards the planning & delivery of specified income generating activities which integrate physiotherapy, sports medicine and sport science support.
  8. Take responsibility for continued personal and professional development of self and contribute to the development of other staff in the department through sharing of good practice via in-service training.
  9. Deliver educational material both orally and in written form to athletes, coaches and other client groups.



### Person Specification:

| Criteria  | Essential  | Desirable   | Assessed by   |  |   |
|---|--|---|---|--|---|
|   |  |   | A/F   | I  | P   |
| <b>Qualifications</b> <ul style="list-style-type: none"> <li>➤ A qualification at degree level (or equivalent) in physiotherapy.</li> <li>➤ Membership of the Chartered Society of Physiotherapy (MCSP) and registration with the Health and Care Professions Council (HCPC).</li> <li>➤ Current First Aid or Basic Life Support Qualification from a recognised organisation.</li> <li>➤ Be working towards a post-graduate qualification at Masters level in sport and exercise medicine/sport physiotherapy/sport rehabilitation/musculoskeletal field.</li> <li>➤ Relevant, current Pitch side qualification</li> </ul> | <p>Yes</p> <p>Yes</p> <p>Yes</p>                         | <p></p> <p>Yes</p> <p></p>                                  | <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p>            | <p></p> <p></p> <p></p> <p></p> <p></p>                        | <p></p> <p></p> <p></p> <p></p> <p></p>                       |
| <b>Experience / Knowledge:</b> <ul style="list-style-type: none"> <li>➤ Experience as a practising Chartered Physiotherapist in an outpatient environment.</li> <li>➤ Experience of working in Sports Physiotherapy, preferably with athletes.</li> <li>➤ A Member of ACPSEM and working towards the CPD pathway</li> <li>➤ Experience in Youth Sport.</li> <li>➤ An understanding of current healthcare issues relating to sports physiotherapy</li> <li>➤ Sound, but developing, clinical reasoning</li> </ul>  | <p>Yes</p> <p>Yes</p> <p></p> <p></p> <p></p> <p>Yes</p> | <p></p> <p></p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> | <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> | <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p></p> | <p></p> <p></p> <p></p> <p></p> <p></p> <p>Yes</p> <p>Yes</p> |



|            |  |     |  |     |         |
|------------|--|-----|--|-----|---------|
| Skills     |  |     |  |     |         |
|            | ➤ The ability to educate and motivate athletes and coaches to adhere to the support programmes prescribed. | Yes |  |     | Yes Yes |
|            | ➤ Ability to work under pressure   | Yes |  |     | Yes Yes |
|            | ➤ Ability to prioritise own workload   | Yes |  |     | Yes     |
|            | ➤ Excellent problem solving and decision-making skills   | Yes |  |     | Yes Yes |
|            | ➤ Excellent communication skills   | Yes |  |     | Yes Yes |
| Attributes |  |     |  |     |         |
|            | ➤ Self-motivated   | Yes |  | Yes | Yes     |
|            | ➤ Able to work in a team as well as individually   | Yes |  | Yes | Yes     |
|            | ➤ Excellent interpersonal skills   | Yes |  | Yes | Yes     |
|            | ➤ Willingness to work flexible / unsociable hours  | Yes |  | Yes | Yes     |